

David Meer M.C., LPC

6424 East Greenway Parkway
Scottsdale, AZ 85254

Phone: (480) 757-6947
E-mail: meer@neurodiversecounseling.com

Education

Arizona State University, Tempe, AZ

- Graduated December 2014 with a Master's of Counseling (M.C.) in Counseling Psychology.
- Master's Thesis: Measuring Mindfulness-Related Constructs and the Role of Meditation in the Association Between Mindfulness-Related Constructs and Mental Health Amongst U.S. Adults.
- Conducted exploratory factor analysis, item analysis, and regression analysis to develop Values of Mindfulness-Related Constructs Scale.
- Meer, D., & Torres, M. (2014). Book Review: The Examined Life: How We Lose and Find Ourselves. Arizona Counseling Journal, 28, 76-79.

The Pennsylvania State University, University Park, PA

- Graduated May 2007 with a Bachelor of Science (B.S.) in Industrial Engineering with a minor in Economics, with Distinction.

Professional Experience

Rapport 1st, Phoenix, AZ

09/19 to Present

EAP Counselor

- Provides on-site EAP counseling and consulting services to corporate clients.
- Coordinates wellness efforts between insurance provider and corporate clients.
- Develops workshops and trainings to support leadership and organizational wellness.
- Works with leadership to monitor employee habits and assess risk exposures.

Neurodiverse Counseling Services, PLLC, Scottsdale, AZ

10/18 to Present

Owner

- Provides individual and family counseling services for neurodivergent (Autism, ADHD, Asperger's) population using an Acceptance and Commitment Therapy (ACT) approach and an emphasis on attachment science.
- Community consultant for private schools, business owners, and neurodiversity advocates.
- Contracts with fifteen licensed clinicians to provide counseling services in the community.
- Provides clinical supervision to two associate level clinicians.
- Completes insurance credentialing and billing for the group practice.
- Maintains professional website, blog, and social media presence.

Glendale Community College, Glendale, AZ

08/16 to 06/20

Adjunct Professor

- Taught twelve sections of CPD 150: Strategies for College Success.
- Taught in First Year Experience (FYE) learning community with Math 081.
- Taught BHS 266: Violence and Abuse Counseling Spring 2018. Developed curriculum, assessment criteria, and presentations.
- Taught three sections BHS 230: Crisis and Trauma Stabilization (online). Developed assessment criteria.
- Taught two sections BHS 205: Therapeutic Models and Interventions. Developed curriculum, assessment criteria, and presentations.
- Taught BHS 165: Applied Therapeutic Interpersonal Skills in Behavioral Health and Social Services
- Certified for online teaching and completed EDU 250.
- Provided career, educational, personal, and crisis counseling to individuals at the Counseling Services Office during the spring 2018 semester.
- Spoke on a panel of professionals at the Behavioral Health Science (BHS) Department Mental Health Informative Luncheon.
- Member of the Behavioral Health Science board.
- Served on counseling faculty committees for educational planning and textbook proposal.
- Collaborated with the Behavior Intervention Team for a community behavioral health member.

- Wrote professional reference letters for students entering the workforce.

Touchstone Health Services, Phoenix, AZ

07/2018 to 06/2019

Clinical Program Supervisor

- Managed the day-to-day operations of the Family Centered Autism Program (FCAP).
- Provided individual and group supervision to a team of six therapists.
- Evaluated productivity, timeliness, and compliance of clinical staff.
- Trained outpatient therapists on autism spectrum disorders and neurodiversity.
- Developed curriculum for sibling workshop.
- Conducted interviews and hires clinical staff.
- Acted as a liaison, promoting services in schools, agencies, and the community.
- Provided individual, family, and group counseling services to children and families.
- Revamped referral and scheduling process to increase efficiency and productivity using a pull system model.
- Introduced Professional Quality of Life (ProQol) measurement scale to assess compassion satisfaction for clinical staff.
- Created a family feedback measurement tool to evaluate client satisfaction with therapy services.

S.E.E.K. Arizona, Phoenix, AZ

05/15 to 07/18

Child and Family Counselor – Lead Clinician

- Provided in-home and clinic-based counseling service to children diagnosed with autism spectrum disorder and attention deficit hyperactivity disorder using Adlerian play therapy and mindfulness-based techniques, with a focus on individuals identified as high needs.
- Worked with management to established standards within the newly created counseling department for assessment, treatment planning, and clinical documentation.
- Presented to behavioral health agencies to build partnerships and increase referrals for the counseling department.
- Collaborated with child family teams, including parents and guardians, behavior support specialists, behavior coaches, case managers, family support partners, speech language pathologists, occupational therapists, board certified behavior analysts, and support coordinators.
- Developed and implemented experiential group counseling for children aged 8 to 13 years old.
- Developed and implemented existential counseling group for teenagers aged 13 to 17 years old.
- Trained behavioral support and pre-school staff in mindfulness-based interventions.
- Consistently matched or exceeded productivity measures.
- Attended Arizona State University internship fair to recruit prospective counseling interns.
- Conducted pre-screening and interviews for prospective counseling interns.
- Created training program for incoming counseling interns.
- Supported families and teenagers in group activities as a volunteer counselor at Camp Runamuk (special needs overnight camp).
- Administered and scored Connors Comprehensive Behavior Ratings Scales.

Community Provider Enrichment Services, Tempe, AZ

08/13 to 05/15

Behavioral Health Consultant

- Conducted intakes, case management, and provided in-home mental health counseling to individuals classified with a severe mental illness (SMI), including a focus on consumers with borderline personality disorder, bipolar disorder, schizoaffective disorder, and post-traumatic stress disorder.
- Observed clients in their daily life activities, attended Individualized Education Programs (IEP) and Individual Service Plans (ISP), and produced Functional Behavioral Assessments (FBA) for clients' families and teams to help develop behavior change programs, and assists with Positive Behavior Support (PBS) creation and monitoring.
- Trained staff in mindfulness-based interventions.

Long Island Crisis Center, Bellmore, NY

04/10 to 06/12

Crisis Counselor - Volunteer

- Operated a crisis phone and internet hotline for Nassau County to help clients find the best solution to their behavioral health needs.
- Wrote synopsis cards for each client describing counseling provided, referrals given, and summary of client's situation.
- Trained in suicide prevention, domestic violence, LGBT, depression and anxiety, relationships, self-injury, child abuse, sexually transmitted infections, parenting, runaway children, sexual assault and rape, substance and alcohol abuse, and mental illness.

Parsons Brinckerhoff, New York, NY

01/08 to 08/12

Facilities planner/equipment specialist

- Programmed and developed lean industrial equipment and yard concepts from proposal of prospective projects to completion of project design.
- Evaluated and identified opportunities for improvement and cost savings for all facility designs.
- Developed project cut sheets and specifications for industrial equipment.
- Oversaw design of the Master Plan for Amtrak's Sunnyside Yard revitalization project.
- Researched current practices and developed conceptual designs for California High Speed Rail repair facilities.
- Prepared BIM model with Revit Architecture for presentation for the Honolulu High Capacity Transit Corridor project.
- Managed and Coordinated CADD design on a multidisciplinary team for the Dulles Rail Corridor project.
- Conducted research for the Federal Transit Administration (FTA) utilizing a Six Sigma approach to improve maintenance practices and asset management strategies for railcar fleets across North America.

Certifications and Training

- Licensed Professional Counselor (LPC-17261)
- Clinical Supervisor Training
- ACT Immersion and Act in Practice
- DBT Skills
- Cognitive Processing Therapy (CPT)
- Mindfulness-Based Stress Reduction for Teens (MBSR-T)
- Gottman Level 1 Training
- Applied Suicide Intervention Skills Training (ASIST)

Workshops

- Meer, D & Pieknik, S. (2021, August 12). *Neurodivergent Affirming Practices: An exploration for Behavior Analysts on the neurodivergent perspective and how to best incorporate affirming practice into services*. AzABA EDI Committee quarterly meeting.

References

- Available Upon Request