CLINICAL PSYCHOLOGIST, #PSY-004913

**EDUCATION** 

Arizona School of Professional

Psychology at Argosy University, Phoenix

Phoenix, Arizona

Clinical Psychology, APA Accredited

Doctor of Clinical Psychology (Psy.D.)

September 2016

**Arizona School of Professional** 

Psychology at Argosy University, Phoenix

Phoenix, Arizona

Clinical Psychology, APA Accredited

Master of Arts in Clinical Psychology (M.A.)

January 2015

Arizona State University

Tempe, Arizona

Department of Psychology

Cum Laude

Bachelor of Arts in Psychology (B.A) Minor in Family and Human Development

May 2011

NATIONAL PROVIDER IDENTIFICATION (NPI) NUMBER

#### 1366822652

CURRENT EMPLOYMENT

### Samantha Pieknik, Psy.D., PLLC (Private Practice)

November 2017-Present

Phoenix, Arizona Clinical Psychologist

<u>Description</u>: Private practice providing individual therapy, and parenting consultation for children and adolescents using a variety of treatment modalities while integrating developmental and biological influences to meet each individual's unique needs. Specializing in neurodiversity, autism, ADHD, anxiety, and mood disorders.

PAST EMPLOYMENT

# Pinnacle Center, Inc.

October 2017-February 2018

Phoenix, Arizona Clinical Psychologist

<u>Description:</u> A nonprofit organization specializing in neuropsychological and psychological assessment for children, adolescents, and adults. Providing therapy and assessment for adults with autism. Pinnacle Center offered low cost neuropsychological and psychological assessment for low-income families, as well as provided vocational rehabilitation services.

# Prism Learning + Development

December 2017-July 2018

Scottsdale, Arizona
Clinical Psychologist (Contract Position)

<u>Description</u>: Private practice providing psychological and psychoeducational assessment to diagnose and provide recommendations/supports for individuals with autism, ADHD, giftedness, and other behavioral difficulties.

CLINICAL TRAINING EXPERIENCE

# Post-Doctoral Residency Experiences

# Pinnacle Center, Inc.

April 2017-October 2017

Phoenix, Arizona Postdoctoral Resident Supervised by Morgan Hall, Ph.D. 1,000 Hours

<u>Description of Site:</u> A nonprofit organization specializing in neuropsychological and psychological assessment for children, adolescents, and adults; and assessment for vocational rehabilitation services. Providing therapy and assessment for adults with autism.

- Conducted psychodiagnostic and psychoeducational evaluations for children and adolescents with neurodevelopmental, behavioral, and/or learning differences
- Wrote comprehensive psychodiagnostic reports for clients
- Received training and exposure in the ADOS-2: Modules 1, 2, 3, and 4
- Administered and scored cognitive, neuropsychological, and autism assessments
- Administered parent and teacher rating scales
- Wrote comprehensive psychodiagnostic and neuropsychological reports for clients
- Supervised practicum students

# Young Mind Center, Inc.

September 2016-March 2017

Phoenix, Arizona Postdoctoral Resident Supervised by Amanda L. Wood, Psy.D. 1,000 Hours

<u>Description of Site:</u> A private practice specializing in the early identification and diagnosis of Autism, as well as the psychological assessment of children and adolescents with autism, ADHD, learning differences, and behavioral difficulties. Young Mind Center also provided consultation services.

- Conducted psychodiagnostic and psychoeducational evaluations for children and adolescents with neurodevelopmental, behavioral, and/or learning differences
- Administered and scored cognitive, neuropsychological, and autism assessments
- Administered parent and teacher rating scales
- Conducted school visits and school observations for clients
- Collaborated with clinical and school teams including therapists, BCBA's, school psychologists, teachers, case managers, licensed medical providers, program managers, and administrative staff.
- Wrote comprehensive psychodiagnostic reports for clients
- Received training and exposure in the ADOS-2: Modules 1, 2, and 3.

- Audio/Video recorded testing sessions for supervision and scoring purposes
- Provided 1:1 direct ABA services to one client
- Collaborated with ABA client's BCBA's to inform programming through testing
- Collaborated with supervisor, COO, and BCBA's regarding team meetings and trainings

# Pre-Doctoral Internship Experience

# **Chehalem Youth and Family Services**

**August 2015 – August 2016** 

Newberg, Oregon Psychology Intern

Supervised by Holly Hetrick, Psy.D. 2,142 Hours

<u>Description of Site:</u> A community mental health setting and non-profit specializing in outpatient mental health services and inpatient residential services. This site provided individual outpatient therapy services for the community. Inpatient residential services were provided for youth, ages 12 to 18, who have severe trauma histories, Borderline IQ, and developmental disabilities.

- Provided individual, family, group, and crisis therapy to residential clients, each with developmental/cognitive deficits, DHS involvement, and severe trauma ages 11-18 in community residential BRS program
- Co-lead two weekly 13-week-long groups per quarter for residential clients on Mindfulness, Distress Tolerance, Positive Psychology, and Emotion Regulation
- Provided daily milieu therapy in school, home, and recreational environments for residential clients
- Conducted and wrote initial and annual Mental Health Assessments and quarterly Individual Service and Support Plans for residential clients
- Provided case management services on treatment teams for each residential client including
  consultation with parents, case managers, program managers, DHS caseworkers, developmental
  disability specialists, probation officers, educational staff, court-appointed special advocates, mentors,
  attorneys, and Wraparound facilitators
- Conducted clinical interviews
- Received supervision on providing diagnoses
- Provided 24/7 crisis care for community-based clinic for one week every three weeks
- Utilized outcome assessments including DLA-20, PHQ-9, GAD-7, AUDIT, and DAST
- Provided humanistic/relational therapy with trauma-focused CBT/DBT interventions
- Supervised one master's level practicum student weekly with outpatient caseload
- Treated weekly adult and child outpatient community mental health clients
- Utilized electronic patient scheduling: Care Cloud and billed for services

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# **Doctoral Level Practicum Experiences**

### **Beljan Psychological Services**

August 2014 – July 2015

Scottsdale, Arizona

Advanced Practicum Student

Supervised by Paul Beljan, Psy.D., ABPdN, ABN 614 Hours

<u>Description of Site:</u> A private practice specializing in child neuropsychological assessment. This site provided neuropsychological assessment, psychoeducational evaluations, Applied Behavior Analysis therapy, and child play therapy services.

- Provided neuropsychological evaluations for children looking to qualify for special placement in the school system
- Conducted giftedness, learning disability, and ADHD evaluations
- Wrote reports and constructed summary sheets for clients
- Received supervision in conceptualizing cases and providing diagnoses if indicated
- Provided Applied Behavior Analysis (ABA) and served as a trainer for new behavioral technicians
- Conducted individual therapy utilizing play-based CBT interventions and family therapy for children and their families
- Received observational training in the ADOS-2
- Tested students at On-Track Academy in Scottsdale, Arizona
- Conducted psychodiagnostic interviews and sat in on feedback sessions
- Administered the WISC-IV; WISC-V; WPPSI-III; NEPSY-II; WAIS-IV; GDS; SB5; WIAT-III; Trailmaking Tests A & B; GORT-5; BASC-2; and CVLT.

### **Private Practice**

August 2013 – August 2014

Mesa, Arizona Practicum Student Supervised by Wayne General, Ph.D. 345 Hours (hybrid placement)

<u>Description of Site</u>: A private practice providing social security disability mental status evaluations and psychological testing. The site also provided competency to stand trial evaluations (Rule 11) in local jails and within the community.

- Provided psychological evaluations for individuals applying for social security disability benefits
- Conducted clinical interviews and mental status exams
- Wrote reports and intake summaries
- Shadowed supervisor at various jails around the valley to observe him conduct Rule 11 Evaluations
- Administered the MMSE-2; WISC-IV; WAIS-IV; WMS-3; Bender Visual-Motor Getalt-2; and Trailmaking Tests A & B.

# Child and Adolescent Psychology Professionals

**August 2013 – August 2014** 

Phoenix, Arizona Practicum Student Supervised by Lisa Outhier, Psy.D. 422 Hours (hybrid placement)

<u>Description of Site</u>: Private practice providing psychological services including psychological and behavioral assessments, family therapy, individual therapy, and play therapy for children and adolescents using a variety of treatment modalities including CBT, Play Therapy, and Sand Tray while integrating developmental and biological influences.

- Provided individual and family psychotherapy and counseling using a variety of treatment modalities including CBT and play therapy
- Conducted clinical interviews with parents and children
- Gained exposure to play therapy, metaphor therapy, and sand tray therapy techniques
- Received supervision in providing diagnoses and in therapeutic modalities
- Provided parent training
- Wrote progress notes and created therapy plans
- Trained new practicum student for the upcoming year
- Consulted with psychiatrists for continuity of care purposes

### **Humboldt Unified School District**

July 2012-June 2013

Prescott Valley, Arizona Practicum Student Supervised by Marshall Kane, Ph.D. 668 hours

<u>Description of Site</u>: A school district located in Prescott, Arizona. Specifically, the Special Services department, which provided services to children needing resources for learning disabilities, developmental disabilities, and other childhood psychological concerns impacting their educational experiences.

- Conducted evaluations for HUSD's Multidisciplinary Educational Team (MET)
- Administered psychoeducational evaluations including the SB4, WISC-IV, WJ-III, WIAT-III and rating scales
- Provided individual therapy for elementary, middle, and high school aged children
- Facilitated a boy's anger management and social skills group at two middle schools
- Facilitated an adolescent girl's support group at a high school
- Worked with several ED classrooms in the district providing individual and group therapies
- Received supervision in helping to determine student eligibility for services in the school setting
- Consulted with community mental health center in Prescott Valley for high-needs students
- Responded to school crisis calls
- Utilized IEP Pro software
- Presented results at IEP meetings
- Wrote reports and progress notes for students

### ADDITIONAL CLINICAL EXPERIENCES

### Center for Autism and Related Disorders (CARD)

January 2009-July 2012

Phoenix, Arizona Senior Therapist

Supervised by Jamie Gibson, M.A., BCBA

<u>Description of Site:</u> An outpatient clinic providing Applied Behavior Analysis (ABA) therapy to children with neurodevelopmental disorders. Therapists and supervisors taught children new skills in order to increase language, independence, social skills, and overall skills in adaptive functioning.

- Received training in Applied Behavior Analysis (ABA)
- Provided 1:1 behavioral interventions and ABA techniques to children diagnosed with Autism and other behavioral differences (e.g., ODD, CD, ADHD) in both the home and school settings
- Kept data on child's progress
- Acted as a liaison between junior therapists and supervisors
- Trained new therapists and conducted field evaluations as needed
- Participated in clinic meetings
- Taught language and new skills using ABA techniques such as Discrete Trial Training (DTT) and Natural Environment Teaching (NET)
- Used preference assessments to determine the best reinforcement for the child
- Conducted parent-training

### **ICAN After School Program**

January 2007-May 2007

Chandler, Arizona Volunteer/Tutor

Supervised by Leslie Temple

<u>Description of Site</u>: A nonprofit organization providing after school activities and tutoring to low income families and children.

- Tutored and assisted children in an after school program for children in low income families.
- Provided academic support
- Facilitated appropriate socialization and play skills between students

#### RESEARCH EXPERIENCE

## **Beljan Psychological Services**

June 2015

Research Volunteer

Principal Investigator: Paul Beljan, Psy.D. ABPdN, ABN

Description: Conducted literature review on brain based Math Learning Disorders, Dyscalculia and how the brain pathways are involved and affected in this diagnosis.

### Arizona School of Professional Psychology

August 2013-December 2014

Clinical Research Project (CRP)-Dissertation Equivalent Chair: Lisa Outhier, Psy.D.

Principal Investigator: Samantha Pieknik

Title: Parent Training for Children with Autism Spectrum Disorder: Utilizing Token Economies to Increase Compliance and Decrease Parent Stress

Description: This research taught parents of children with Autism Spectrum Disorder (ASD) to effectively administer token economies to increase compliance and decrease parent-stress. This system was taught using Behavioral Skills Training (BST) in the homes of the parents of children with ASD. Parents were instructed how to administer a token economy. Parents viewed a PowerPoint and modeling from the researcher through BST principles of instruction, modeling, rehearsal, and feedback. The Parenting Stress Inventory-4, Short Form was utilized to monitor parent stress as a pre-post measure.

### Arizona School of Professional Psychology

February 2012-June 2012

Research Volunteer

Principal Investigator:

Gregorio Benson-Florez, Psy.D.

Title: The Impact of Familismo on Ethnic Identity and College Adjustment with Latinos

<u>Description</u>: During this research it was necessary to compile scholarly articles and data for research presentations on Latino mental health, familismo, ethnic identity, and acculturation. This included participating in a presentation for the Argosy University Research Conference.

### Center for Autism and Related Disorders

**July 2010** 

Research Volunteer

Principal Investigator:

Amy Kenzer, Ph.D., Michelle Bishop, Ph.D.

<u>Description:</u> This research examined desensitization to tooth brushing in children with Autism Spectrum Disorder and used stimulus fading procedures to aid the desensitization process. It was this researcher's job to video-record, collect data, and use the stimulus fading procedure when the subject engaged in tooth brushing.

Arizona State University

May 2010-September 2010

Research Assistant

Principal Investigator:

Virginia Kwan, Ph.D., Jessica Li, Ph.D.

<u>Description</u>: This social psychology research required data collection and administration of surveys in a field study of 150 participants in order to look at risk-taking behaviors in college level students and how it influenced gambling behaviors. Duties included data collection of surveys, introduction of surveys to participants, finding participants, word processing, and entering data into excel sheets and running data in SPSS.

MEDIA FEATURES, PRESENTATIONS, AND TEACHING EXPERIENCES

### Arizona Association for Behavior Analysis

August 2021

Webinar

Presentation by Samantha Pieknik, Psy.D. &

David Meer, LPC

<u>Description</u>: Online Webinar with 280 participants on affirmative practices for neurodivergent individuals. This included information on neurodiversity, disability, ableism, masking, autistic burnout, and compassionate care for autism. This presentation was given to members of the community nationally and included BCBAs, mental health providers, speech pathologists, parents, and anyone interested in learning more about neurodiversity.

# Good Morning Arizona

March 2021

News Segment

Interview by 3TV

<u>Description</u>: Expert interview with Good Morning Arizona on 3TV regarding the benefits of implementing a fake commute into one's work from home routine in order to reduce burnout and stress related to working from home. Many people began working from home during the COVID-19 pandemic, and some found this transition to be more difficult than others.

**Washington Post** 

February 2021

Article

Interview by Angela Haupt

<u>Description</u>: Article titled, "Why a Fake Commute Could Pave the Way to Work-From-Home Balance." Interview by Angela Haupt about the benefits from implementing a fake-commute into one's life if they are working from home during the COVID-19 pandemic.

### Arizona Psychology Training Consortium

June 2020

Presentation

Presentation by Samantha Pieknik, Psy.D.

<u>Description</u>: Presentation on autism diagnosis across the lifespan with special focus on the female phenotype, psychological assessment, and neurodiversity. This presentation was given to postdoctoral residents specializing in clinical psychology in the state of Arizona.

MindBody Radio

February 2020

Interview on The Daily Show with Chris Sawyer

Interviewed by Chris Sawyer

<u>Description:</u> Discussed clinical psychology, current practice, and specialty on Inspiring Stories segment of The Daily Show with Chris Sawyer on Mind Body Radio, an online radio station.

### **Chehalem Youth and Family Services**

December 2015

Didactic Presentation

Presentation by Samantha Pieknik, M.A.

<u>Description:</u> This presenter led a didactic seminar to practicum and internship students at Chehalem Youth and Family Services. The presentation outlined best practices for therapy with children, specifically Cognitive-Behavioral Play Therapy. The presentation discussed an age-appropriate developmental model for conducting CBT with child and early adolescent populations. Participants engaged in an experiential progressive muscle relaxation exercise and a child friendly activity on coping strategies.

### Pacific University School of Professional Psychology

October 2015

Guest Lecturer

Professor: Holly Hetrick

Lecture by Samantha Pieknik, M.A.,

A. Mike Duncan, M.A. & Heather Casady, M.A.

<u>Description:</u> Guest lectured two units of Dr. Hetrick's Group Psychotherapy course at Pacific University School of Professional Psychology to Psy.D and Ph.D students. The course outlined conducting group psychotherapy with children and adolescent populations. Experiential methods were utilized.

# Neuropsychology of Autism

October 2014

Assistant Guest Lecturer

Lecture by Kate Bree, Psy.D. and Jacob Boney, Psy.D.

<u>Description</u>: Assistant to lecturers regarding neuropsychological testing, differences, and challenges in children with Autism Spectrum Disorders.

# AWARDS & HONORABLE MENTION

2021-present	Online Therapy's Best for Autism Help in Phoenix, AZ
2012-2013	Student Government Secretary and Treasurer at Argosy University, Phoenix
2011-2013	Student Affairs Committee at Arizona School of Professional Psychology at Argosy University, Phoenix
2010	Recognition for excellence in teaching play skills to children with Autism, Center for Autism and Related Disorders
2009	Recognition for excellence in data collection, Center for Autism and Related Disorders
2008-2009	Dean's List, Arizona State University

# PROFESSIONAL AFFILIATIONS

2018-present	Arizona Autism Diagnostic Network (AADN)
2017-2018	Arizona Association for Behavior Analysis
2013-present	Association for Play Therapy (APT)
2011-present	Arizona Psychological Association (AzPA)
2010- present	American Psychological Association (APA)
2009-2011	Psi Chi (National Honor Society in Psychology), Arizona State University

# ADDITIONAL RELEVANT TRAININGS AND CERTIFICATIONS

ADDITIONAL RELEVANT TRAININGS AND CERTIFICATIONS		
January 11, 2021	Understanding Ableism and Neurodiversity in Play Therapy by Robert Jason Grant, EdD (1.5 hours)	
July 2020	Video Games in Play Therapy: Let's Play Minecraft, Let's Play Animal Crossing, Let's Play Roblox, Let's Play Fortnite by Let's Play Therapy Institute	
July 7, 2020	Telehealth for Mental Health Professionals by Joni Gilbertson, M.A. (12 hours)	
February 8, 2018	Treating Transgender Youth by Gina De Simone, Psy.D. RPT-S through the Children's Services Network (1 hour)	
May 18, 2017	Working with Gender Diverse Clients: Developing an Affirmative Practice by lore dickey, Ph.D. at Northern Arizona University through the Arizona Psychological Training Consortium (3 hours)	

May 18, 2017 Trans Care and Support at a University Counseling Center at Northern Arizona

University through the Arizona Psychological Training Consortium (3 hours)

May 17 & 18, 2016 Autism Diagnostic Observation Schedule, Second Edition (ADOS-2) Clinical

Training Workshop at the University of Washington (16 hours)

#### ASSESSMENTS ADMINISTERED

Adaptive Behavior Assessment System-2 (ABAS-II)

Autism Diagnostic Observation Schedule, Second Edition (ADOS-2)

Autism Spectrum Rating Scales (ASRS)

Behavior Assessment System for Children, Second Edition (BASC-2)

Behavior Assessment System for Children, Third Edition (BASC-3)

Beck Depression Inventory (BDI)

Beck Depression Inventory-II (BDI-II)

Beery-Buktenica Developmental Test of Visual Motor-Integration, Fifth Edition

Bender Gestalt

California Verbal Learning Test-Children (CVLT-C)

California Verbal Learning Test-Second Edition (CVLT-2)

Child and Adolescent Memory Profile (ChAMP)

Child Behavior Checklist (CBCL)

Childhood Autism Rating Scale, Second Edition (CARS-2)

Daily Living Activities Scale (DLA 20)

Gordon Diagnostic System (GDS)

Gray Oral Reading Tests-Fifth Edition (GORT-5)

House Tree Person Drawing

Kaufman Assessment Battery For Children, Second Edition (KABC-2)

Mental Status Exam

Mini Mental Status Exam, 2<sup>nd</sup> Edition (MMSE-2)

Minnesota Multiphasic Personality Inventory-Adolescent (MMPI-A)

NEPSY-Second Edition (NEPSY-II)

Rey 15-Item Visual Memory Test

Rey Complex Figure Test and Recognition Trial

Rey-Osterrieth Complex Figure

Reynold's Intellectual Assessment Scales, Second Edition (RIAS-2)

Social Skills Improvement System (SSIS)

Stanford Binet Intelligence Scales, Fifth Edition (SB-5)

Stroop Color and Word Test

Test of Pragmatic Language, Second Edition (TOPL-2)

Test of Problem Solving, Adolescent (TOPS-2)

Test of Problem Solving, Elementary (TOPS-3)

Test of Variables of Attention (T.O.V.A.)

Tower of London

Trail Making Test A & B

Wechsler Adult Intelligence Scale-Fourth Edition (WAIS-IV)

Wechsler Individual Achievement Test-3 (WIAT-III)

Wechsler Intelligence Scale for Children-Fourth Edition (WISC-IV)

Wechsler Intelligence Scale for Children- Fifth Edition (WISC-V)

Wechsler Memory Scale-Third Edition (WMS-III)

Wechsler Memory Scale- Fourth Edition (WMS-IV)

Wechsler Preschool and Primary Scale of Intelligence-Third Edition (WPPSI-III)

Wechsler Preschool and Primary Scale of Intelligence-Fourth Edition (WPPSI-IV)

Wide Range Achievement Test-4th Edition (WRAT4)

Wide Range Intelligence Test (WRIT)

Woodcock Johnson-III Tests of Achievement (WJ-III)

Vineland-3